# Writing your Eulogy

Here’s a thought experiment for you to surface what you consider a live well lived.

Assume that you’ve lived to the age of 70 and have passed away. How would you eulogise your own life? What would your legacy be?

* *Where did you live?*
* *What kind of hobbies did you have?*
* *What kind of relationships did you have? Did you marry? Did you have children?*
* *What did you do for work?*
* *When were you at your happiest?*
* *What experiences did you cherish?*
* *What noteworthy feats did you accomplish (if any)?*
* *What was most memorable about you?*
* *What did people admire most about you?*
* *What will people miss most about you?*